

Aging in Community ...with Spirit



Experience Autumn in the beautiful mountains of Southwest Virginia. Meet up with other seekers for mutual encouragement through listening, sharing, celebration and laughter.

ELDERSPIRIT COMMUNITY AUTUMN RETREAT A Time to Celebrate Harvest Gifts

Sessions include What is ElderSpirituality? Creating a Circle of Mutual Support. Nurturing our Inner Life, Renewing our Energy and Sharing Our Gifts with Others.

September 17, 2010 5:00 pm – September 19 noon
Jubilee House Retreat Center • Abingdon, Virginia

Sponsored by ElderSpirit Community, Inc.

Cost: \$200 per person (double occupancy); \$100 commuters.

Includes six meals, program and tour of ElderSpirit Community at Trailview. Limited to 20 retreatants.

To reserve a place, complete the following:

NAME: _____

PHONE: _____ CELL #: _____

ADDRESS: _____

E-MAIL: _____

SPECIAL NEEDS (dietary, other): _____

Send \$25 deposit by September 7, 2010 to:

ElderSpirit Community, Inc • 120 ElderSpirit Court • Abingdon, VA 24210
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